

# BEST PRACTICES

## 1. Title of the Practice - Women Empowerment,

**Objective of the Practice:** Our institution has a majority number of enrolment of girls students every year. The students come from different background having conditions of poor, poverty stricken, ill-health and so on. In the institution in order to make them undiscriminating slot, the institution has taken up the issue of women empowerment with various objectives.

(i) Self Defence Training introduced by Department of Higher Education, Govt. of Odisha for girls students has become a boon for them.

(ii) Different awareness programme to motivate and to realize their real worth for learning is being organised by our organisation.

(iii) The goal of institution is to create an amicable environment for Teaching Learning activities of girls students and solving their problems independently by giving different suggestions by the counsellors.

(iv) Special Programme by the Police administration is being provided by our institution for the girls students with a hope let them do not suffer from any evil because innocence and simplicity.

(v) Institution is always aware any sorts of victimization of girls students and try to protect without any harm for them.

(vi) The administration at different times organizes different programme on Human Rights and Fundamental Freedom for Equal Rights and Dignity of the girls students in the institution. In order to feel them they are equal with everybody and they have the same skill and potentiality like others.

(vii) Debates and Discussions , Competitions on Gender Equality Programme among the girls students to realize gender sensitization and make them aware of their worth in the family as well as in the society are being conducted by the institution.

(viii) The ill-effects of different superstitious activities like dowry system, child marriage etc are being taught to the girls students for their better future. in this regard seminars and special programme like essay, debate especially on dowry system are being organized by our institution.

(ix) The Govt. of Odisha has made a free distribution scheme of sanitizing pad to the girls students which prevents women related health problems and take care of personal hygiene and prevention of infectiousness disease.

(x) The prevention of HIV/AIDS awareness programme is being organized as a best practice of the institution every year which will be benefited girls students in particular and institution in general.

(xi) The institution with a hope to create a peaceful atmosphere prevents ragging, eve-teasing of the girls students.

**The Context** - As it one of the best practices of our institution after due discussion among the girls students they actively participated in the gender issue programme in every occasion organised by

the institution. The awareness programme became highly beneficial for the girls students, they attend the college with dignity upholding their freedom of equality. The self Defence Programme, Girls sensitization Programme have boosted the girls students and their parents for achieving betterment of their wards while admitted in the college. The disparities, inequalities on gender issue has been done away with in the institutional process. The monitoring unit of different cells like anti-ragging, anti-sexual harassment cell, YRC actively involve on the issue and see the implementation of the objective of women empowerment of the institution has taken place properly.

**The Practice:-** To achieve gender equity and women empowerment of both girls students and women staff members are the paramount objective of our institution. The college girls average of more than sixty percent of total strength of the college having weaker section including OBC, Schedule Caste, Schedule Tribe communities are well guided and empowered by our institution with upholding their human rights and dignity. The girls are the most valuable human resource that we cannot afford to neglect this valuable force to be the victims of exploitation, ragging, eve-teasing and any kind of segregation on gender issue. To achieve this aim college has resolved to empower girls community in our institution to face any kind of situation boldly and successfully. The self defense team, women sensitization cell and its coordinator and other seniors teachers as its members of the cell work cooperatively to implement the protection of women rights and successfully empowers women creating conducive condition in bringing confidence to continue their studies in the institution without any hindrance.

**Evidence of Success :-** Miss L. Bishnupriya Sagar, Miss Mamata Bara and Miss Rinki Mohapatra of BA Class were active participant and trainers of the Self Defence Programme which is meant for girls students. Some financial assistance was also given to them in lieu of providing self defence training to the girls students.

**Problems Encountered:** - The institution faces No Problem at all in implementing the women empowerment activities in the institution. The institution in accordance with guidelines of Department of Higher Education schedule the woman empowerment activities along with self defence programme without hampering their class work or any kind of academic schedule.

## **2. Title of the Practice**

### **Voluntary Blood Donation**

**Objective of the Practice** - For human life, human blood plays a vital part. It has no substitute to be replaced by anything. In different therapeutic uses human blood is well accepted. It saves millions of lives each year globally.

**Context :** As per the reports of WHO India is lagging behind in collection of blood despite being a thickly populated county. Blood donation camp as a best practice of our institution indicates the need and importance of voluntary blood donation.

**The Practice:-**This institution organizes at least one voluntary blood donation camp in each academic year. The YRC Unit and NSS Unit of the college take active participation in organizing such programme. The institution make voluntary blood donation camp with the guidance of the Camp organizer, Medical Officer,, Officer in Charge, Blood Bank, YRC Volunteers in order to organize the

camp safely and efficiently. The institution choose the place which is a well ventilated for voluntary blood donation camp. A spacious area is being chosen for the camp every time . The institution organizes registration process , Medical check up, Blood Donation Procedure before functioning of the blood donation. We provide safe drinking water with disposable glasses in the camp area. Volunteers help in displaying of poster for the free voluntary blood donation camp.

**Evidence of Success:** The organizer of Blood Donation Camp of our institution is contacted by the medical team members regarding the availability of blood collected from our institution of requirement of blood group. It has become the best and safe to the patients/recipients and to the blood donor also. The need for blood is ever increasing that our institution feels and works for its success. Only voluntary blood donor can help to maintain an adequate supply of blood to save the lives those who in need. The institution evidently maintains it as its success story.

**Problems Encountered-** Different awareness programme on blood donation camp has been organised to make free of problems of organizing voluntary blood donation camp. The motivation programme to donate blood and social works organised by our institution has proved to be beneficial to overcome the problems if any in blood donation camp.